In Wisconsin, colorectal cancer is the third most common cancer for both men and women. However, it is one of the most preventable cancers. Colorectal cancer screening can both detect and prevent colorectal cancer. **Beginning at age 40, start to talk with your doctor about colorectal cancer screening.**

Here are some questions about colorectal cancer screening. These questions can help you make important decisions about your health.

Also, you may want to bring a family member or friend with you to your doctor appointment. That person can help you ask questions and write down the information that the doctor gives you.

1. **Am I at an increased risk for colorectal cancer? What are the possible symptoms?**

   __________________________________________________________
   __________________________________________________________
   __________________________________________________________
   __________________________________________________________

2. **What screening test(s) do you recommend for me? At what age should I have those tests?**

   __________________________________________________________
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Information adapted from the National Cancer Institute.

v.October2016
If you are having a colonoscopy or sigmoidoscopy you will want to know:

3. What is involved in the test(s)? Will it hurt? Is the test safe?

________________________________________________________________________________________

________________________________________________________________________________________

4. Where can I get the test(s) done? Who will do the test(s)? Will I need someone with me?

________________________________________________________________________________________

________________________________________________________________________________________

5. How do I prepare for the test(s)? Do I need to change my diet or medication schedule?

________________________________________________________________________________________

________________________________________________________________________________________

6. When will I be contacted with the results? Who will contact me?

________________________________________________________________________________________

Where can I get more information?
The National Cancer Institute provides accurate and up-to-date information about clinical trials, cancer types, prevention, detection, diagnosis, treatment, survivorship and end of life care.

Phone: 1-800-4CANCER (1-800-422-6237)
Website: www.cancer.gov

For more local information, please contact:

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