

After Cancer Treatment

Questions to Ask Your Doctor

Once treatment is over, cancer survivors cope with their new life in different ways. It is important to know that many cancer survivors may experience physical, emotional and day-to-day challenges after cancer treatment is done.

Knowing what cancer treatments you received and planning follow-up care can help you handle some of the challenges you may face after your cancer treatment.

Here are some questions that can help you make important decisions about your health.

Also, you may want to bring a family member or friend with you to your doctor appointment. That person can help you ask questions and write down the information that the doctor gives you.

1. What treatment and drugs have I been given? Is there a treatment summary available?

2. Is there a survivorship care plan available?

If there is not a survivorship care plan available you will want to know:

3. When should I schedule a follow-up visit? How often?

4. Which doctor(s) should I see for my follow-up visit(s)?

After Cancer Treatment

5. What side effects and/or symptoms should I watch for? When should I call my doctor?

6. What should I do to remain healthy?

7. Where can I find additional medical services? Support groups or counseling services?

8. Am I at risk for getting cancer again?

Where can I get more information?

The National Cancer Institute provides accurate and up-to-date information about cancer, prevention, detection, diagnosis, treatment, survivorship and end of life care.

Phone: 1-800-4CANCER (1-800-422-6237)

Website: www.cancer.gov

The Rural Cancer Network (RCaN) offers other user-friendly, cancer educational handouts. For more information about other cancer-related topics, please see the RCaN website.

Website: www.ruralcancernetwork.org



Carbone Cancer Center
UNIVERSITY OF WISCONSIN
SCHOOL OF MEDICINE AND PUBLIC HEALTH



ruralcancernetwork.org



**Cancer Health
Disparities Initiative**

For more local information, please contact:

Place label here