



“Cancer Clear & Simple is a great way to learn about cancer. I became more knowledgeable about cancer and healthy living and I am going to share what I learned with others.” – *Cancer Clear & Simple Participant*

If interested in participating in *Cancer Clear & Simple* educational sessions, please contact:

Place address label here



**Carbone Cancer Center**  
UNIVERSITY OF WISCONSIN  
SCHOOL OF MEDICINE AND PUBLIC HEALTH



# Cancer Clear & Simple



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## What can *Cancer Clear & Simple* do for me?

- Enhance your understanding about cancer, what causes it, how to prevent it and how to find it early
- Understand cancer risk factors
- Learn what questions to ask your doctor about cancer screening
- Brainstorm ways to support someone who was diagnosed with cancer and their family
- Provide information about local cancer-related resources
- Find out where to get screened

## *Cancer Clear & Simple* is an educational series which includes:

### Understanding Cancer Basics

### Cancer Prevention & Self-Care

### Cancer Screening & Detection

*Cancer Clear & Simple* materials incorporate health literacy principles and are designed to increase your ability to understand, use and act upon cancer-related health information.



### Other topics include:

#### Men's & Women's Health

- Skin Cancer
- Colorectal Cancer

#### Men's Health

- Prostate Cancer
- Testicular Cancer

#### Women's Health

- Breast Cancer
- Cervical Cancer