



“Cancer Clear & Simple helped me understand a lot about cancer. I’m going to share what I learned with my family and friends.” – *Cancer Clear & Simple Participant*



If interested in participating in *Cancer Clear & Simple* educational sessions, please contact:

Place address label here

Adams County Cancer Awareness Team

[www.adams.uwex.edu](http://www.adams.uwex.edu)

[www.ruralcancernetwork.org](http://www.ruralcancernetwork.org)



Carbone Cancer Center  
UNIVERSITY OF WISCONSIN  
SCHOOL OF MEDICINE AND PUBLIC HEALTH



Cancer Health Disparities Initiative



Rural Disparities Project

Your county extension office

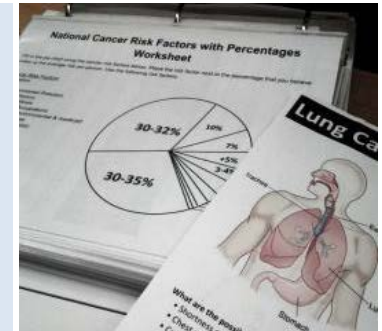


UW Extension  
Cooperative Extension  
Adams County



moundview memorial  
hospital & clinics

# Cancer Clear & Simple



Rural Disparities Project



Carbone Cancer Center  
UNIVERSITY OF WISCONSIN  
SCHOOL OF MEDICINE AND PUBLIC HEALTH



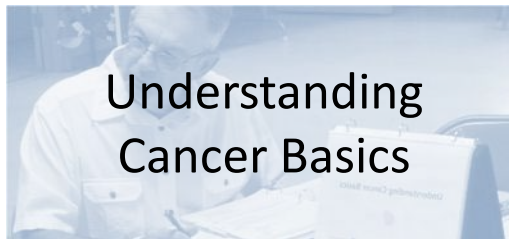
Cancer Health Disparities Initiative



## What can *Cancer Clear & Simple* do for me?

- Enhance your understanding about cancer, what causes it, how to prevent it and how to find it early
- Understand cancer risk factors
- Learn what questions to ask your doctor about cancer screening
- Brainstorm ways to support someone who was diagnosed with cancer and their family
- Provide information about local cancer-related resources
- Find out where to get screened

*Cancer Clear & Simple* is an educational series which includes:



*Cancer Clear & Simple* materials incorporate health literacy principles and are designed to increase your ability to understand, use and act upon cancer-related health information.



### **Other topics include:**

#### Men's & Women's Health

- Skin Cancer
- Colorectal Cancer

#### Men's Health

- Prostate Cancer
- Testicular Cancer

#### Women's Health

- Breast Cancer
- Cervical Cancer