

End of Life Care

Questions to Ask Your Doctor

The journey at the end of life is different for each person. You may feel anxious, afraid or overwhelmed. So many thoughts are running through your mind that it might be easy to forget important questions and concerns.

Sometimes people have questions that are hard to ask. Each person should ask the questions that are the most important to them. Here are some questions that are often forgotten, but might be important to ask.

Also, you may want to bring a family member or friend with you to your doctor appointment. That person can help you ask questions and write down the information that the doctor gives you.

1. What treatment options are available for my end of life care?

2. What is the goal of this treatment?

3. Do I have time to think about my options or get a second opinion?

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4. What are some ways to cope with emotions and symptoms felt during end of life care?

5. What resources are available to me and my family during end of life care?

Where can I get more information?

The National Cancer Institute provides accurate and up-to-date information about clinical trials, cancer types, prevention, detection, diagnosis, treatment, survivorship and end of life care.

Phone: 1-800-4CANCER (1-800-422-6237)

Website: www.cancer.gov

The Rural Cancer Network (RCaN) offers other user-friendly, cancer educational handouts. For more information about end of life care, please see the “End of Life Care: Information Sheet” handout.

Website: www.ruralcancernetwork.org



Carbone Cancer Center
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**Cancer Health
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For more local information, please contact:

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